

Weekly Program MTB School Ortisei

18/05 - 14/06
27/09 - 31/10



	E-bike Tours		Mtb Tours		Enduro Tours	
	<i>morning</i>	<i>afternoon</i>	<i>morning</i>	<i>afternoon</i>	<i>morning</i>	<i>afternoon</i>
Monday	S. Giacomo <u>10.00 - 12.30</u> 25km ↑750hm ↓750hm		Ride & Learn <u>Basics</u> <u>10.00 - 12.30</u>			
Tuesday	Sotto le Odle <u>9.30 - 13.30</u> 24km ↑964hm ↓964hm			S. Cristina-S. Giacomo <u>14.00 - 16.30</u> 20km ↑500hm ↓500hm		
Wednesday	Monte Pana - Selva <u>10.00 - 12.30</u> 24km ↑750hm ↓750hm					
Thursday			Val Gardena Uphill Tour <u>10.00 - 15.00</u> 35km ↑800hm ↓800hm			
Friday	E-Bike Tour Gourmet*** <u>10.00 - 13.30</u> 35km ↑800hm ↓800hm					Ride & Learn <u>Tricks</u> <u>14.30 - 17.00</u>
Saturday	Saltria - Monte Pana <u>10.00 - 12.30</u> 22km ↑780hm ↓780hm				Enduro Ride Sciliar <u>9.00 - 16.00</u> 3x 73km ↑674hm ↓3250hm	
Sunday						

- easy level
- medium level
- hard level
- expert level

Minimum age for adult Tours **16 years**

*** Aperitivo 10,00€ per Person