

"Body, mind and soul in perfect harmony"



Beauty ALAUNA



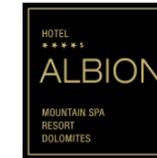
english



- Mens sana in corpore sano -

Our answers to frequently asked questions about the Beauty:

- * It is advisable to book in advance. For more information, advice and reservations, please contact the ALAUNA BEAUTY, or at the reception. Telephone number to book +39 0471 700 042, e-mail to info@albionhotel.net
- * You can introduce you to treatments in a bathrobe. Moreover, in each cabin at your disposal you have a disposable brief.
- * Please do not bring any valuables with you.
- * Before any treatment can take a hot shower or Turkish bath or a sauna to relax and make the skin more receptive in advance.
- * It is absolutely necessary to turn off the phone.
- * Please state of your health, especially if you have these changes in pressure, allergies, bypass operations, diseases so serious.
 - * The pregnant ladies are requested to inform us in advance, with the beautician to choose the most suitable treatments.
- * For men, shaving is recommended up to 4 hours before a facial treatment.
- * Before and after treatments is recommended to drink plenty of water or herbal teas.
- * Avoid large meals and alcohol before treatment.
- * Avoid exercising immediately after treatment is therefore recommended to relax for at least half an hour.



WELLNESS PACKAGES

FOR SPORTS

Extras

Adjusting eyebrows	20 min.	€ 15
Coloring eyebrow	20 min.	€ 15
Eyelash	20 min.	€ 15
Coloring eyebrows and eyelashes	30 min.	€ 25
Adjusting and coloring eyebrows	30 min.	€ 25
Adjustment and coloring eyebrows and eyelashes	40 min.	€ 30

Make-up

Make-up day	30 min.	€ 20
Evening make-up	40 min.	€ 35
Carnival make-up for children	30 min.	€ 15

Mini-program (1-2 days)

Body scrub
Body pack with the cembran pine
Special sports massage full
Partial sports massage

€ 135

Maxi-program (5-6 days)

Body scrub
Fossil oil bath
Body pack with the cembran pine
2 specials sports massages full
2 partials sports massages
Body Solarium

€ 245

ANTISTRESS/ RELAX

Mini-program (1-2 days)

Facial massage, neck and décolleté
Peeling with essential oils
Bath with orange
Partial body massage with essential oils
Hot Stone massage

€ 150

Maxi-program (5-6 days)

Little facial treatment
Peeling with essential oils
Bath with orange
Hot Stone massage
Massage with essential oils, full
Chocolate massage
Body solarium

€ 245

STRONG BACK (3-4 days)

Dead Sea salt peeling
Body pack with the cembran pine
Fossil oil bath
Partial special back massage
Honey massage
Treatment resonance back

€ 198



NUTRIENT (2-3 days)

Dead Sea salt peeling	
Body pack with the cembran pine	
Chocolate massage	
Facial treatment Liftosome	
Delux Manicure with the mask	€ 205

Balancing / Cleansing (3-4 days)

Dead Sea salt peeling	
Life bath "Wellness" (with herbal sachets)	
Etruscan Body pack	
Purifying Facial	
Full body massage with essential oils	
Aromatic body treatment Spa	€ 255

PERFECT BODY

Mini-program (3-4 days)

Peeling with essential oils
Aple bath
Hemolymphatic drainage massage
Resonance treatment anti cellulite
Body solarium

€ 205

Maxi-program (5-6 days)

<i>Peeling with essential oils</i>
Aple bath
Slimming cold pack with the following partial massage
Massage hemolymphatic
Anticellulite treatment ayurvedic "Garshan"
2 resonance anticellulite treatments
Body solarium

€ 369



Cosmetic Beauty Treatments

Manicure and pedicure:

Manicure (with polish)	50 min.	€ 32
Delux manicure (peeling, mask, manicure and polish)	70 min.	€ 48
Pedicure (with polish)	50 min.	€ 39
Delux Pedicure (peeling, mask, pedicure and polish)	80 min.	€ 54
Nail polish "French"	10 min.	€ 15
Aplication diamond or flower	5 min.	€ 10

Depilation:

Whole leg and bikini	50 min.	€ 42
Half leg	20 min.	€ 20
Whole leg	40 min.	€ 30
Inguinal or arms	20 min.	€ 15
Underarms	10 min.	€ 13
Back or chest	20 min.	€ 20
Upper lip or chin	10 min.	€ 9



Body packages

Put on a new look

- Aloe Vera package (nutrient and calming effect)
- Body pack with goat milk (nutrient)
- Grape seed oil pack (nutrient)
- Exotic body pack elasticity (nutrient, toning and calming effect)
- Apple body pack (nutrient)
- Body pack with ayurvedic herb (purifying and rebalancing)
- Cold pack for slim legs (toning and draining)
- Body pack "Etruscan" green clay and essential oils (detoxifying, rebalancing, and nutrient)
- Body pack: mud or clay or seaweed (draining, purifying and mineralizing)
- Body pack: Dead Sea salt or olive or pine hypericum (relaxant, pain relief and nutrient)

Body pack	25 min. € 35
Body pack and partial massage	50 min. € 55

HEALTHY FEET (1-2 days)

- Ayurvedic treatment "Padabhynga" with peeling feet
- Foot massage and back massage with volcanic stones
- Delux. Pedicure with mask

€ 128

FOR THE FUTURE MOTHERS (4-5 days)

- Apple bath
- Body pack with goat milk and honey
- 2 hemolymphatic massages
- Facial massage, neck and décolleté
- Manicure
- Pedicure

€ 205

FOR THE LITTLE PRINCESS AND PRINCIPLES

- | | |
|--------------------------------------|--------|
| Cleopatra bath (for two) | 20 min |
| Cocolate massage (for the small one) | 20 min |
| Partial massage (for the big one) | 20 min |

€ 80



YOUR PRIVATE SPA

*Thematic paths for two-
body, mind and soul in perfect harmony*

Alpine

- Tea
 - Kneipp foot bath
 - Honey scrub
 - Fossil oil bath
 - Special partial massage
 - Regenerating rest accompanied by chunks of cheese and bacon with champagne.
 - Your gift: alpine herbs cushion
- approx 110 min. € 135

Nutrimax

- Tea
 - Fresh fruit peeling
 - Goat milk bath
 - Partial massage with essential oils
 - Regenerating rest accompanied by chunks with champagne
- approx. 90 min. € 120

1001 notte

- Tea
 - Steam bath and Oriental scrub with pumpkin soap and sponges
 - Cleopatra bath
 - Oiling and Tibetan bells
 - Rest in hammam accompanied by champagne and fresh fruit
- approx. 80 min. € 95

Fossil Oil Bath

Very special oil, which was formed over millions of years. Eases rheumatic pain and relax the muscles and joints.

Exotic Bath

It is a deeply nourishing bath and emulsions obtained by mixing pure and exotic oils. The precious minerals and vitamins made give the skin a velvety appearance.

Evening Primrose Oil Bath

It is considered a fountain of youth for your skin. A bath in evening primrose oil to relax, promote blood circulation, stimulate metabolism and affect vital. Relaxation therapies in the evening primrose oil is often used at the end of treatment, after a visit to the sauna helps the skin to replace the lost moisture.

“Wellness” Bath (with Herba Sachets)

This bath has a refreshing, toning and strengthening the immune system. The Alpine herbs relax the muscles and create wealth.

*for a person 25 min. € 30
for two persons 25 min. € 38*



Our herbal baths

The baths have a relaxing balm for body and soul, accompanied with the appropriate herbal tea

Milk bath "Cleopatra" with fresh milk and honey

The layer of deep relaxation and hydration is special thanks to the emulsion prepared based on goat milk, honey and essential oils.

Apple bath

Beauty, health and welfare benefits are attributed to the effects of fruit acids, polyphenols and vitamins A, B, C and E content in apples.

Orange bath

Relax and indulge the senses. Specially prepared emulsion is added to the nutritious orange oil to revitalize and harmonize.



FACIAL TREATMENTS

Your face will gain shine

facial treatment, small

Cleansing, exfoliation, toner, serum, massage, mask and cream finish.
approx. 50 min. € 60

facial treatment, large

Cleansing, exfoliation, toning, deep cleansing, serum, massage, mask and cream finish.

approx. 70 min. € 80

Aromatic facial treatment

Natural Treatment "Aromatic", based on essential oils and aromatic extracts, stimulates the microcirculation and cell renewal.

approx. 50 min. € 65

„Liftosome“ treatment

Treatment with extracts of orange, vitamins and ginseng. The skin will be firmer and more compact. Ideal for devitalized and tired skin ...

approx. 60 min. € 85

Beauté Neuve treatment

Scrub the last generation, enzymes and fruit acids. Give your skin a great enabling it to receive optimal treatment of the active face. The fruit acid gel PEEL'IN dissociate the bonds between the dead cells of the superficial layer of the epidermis, while the foam PEEL'OUT eliminates the finesse. Double-face with the peeling found a fresh light.

approx. 50 minuti € 82



Hydradermie Base treatment

Suitable for all skin types and all year round, and Face is the solution for customers of all ages. Hydradermie is the device that allows, through ionization, to penetrate deep into the products thus increasing their effectiveness.

approx. 75 minuti € 95

Hydradermie "Lift " treatment

With age and fatigue, the oval face is heavy and the skin becomes atonic, causing the appearance of the first signs of aging. Hydradermie "lift" brings his revolutionary anti-aging, revitalize the facial muscles, to restore to them a new tone and insollevando traits, creates an extraordinary lifting.

approx. 55 min. € 95

Hydradermie "Lift Yeux" treatment - rejuvenate the look

To rejuvenate the eye area, your beautician has a gentle but effective solution. With "Lift Yeux Hydrardermie" will "work" specifically the muscles around the eyes (eye socket) to give them a new tone and firmness. Since the first session, expression lines disappear, the "crow's feet" are reduced and the eyes appear younger.

approx. 40 minuti € 50

Facial massage

Facial massage, neck and décolletage with oils and natural essences.

approx. 25 minuti € 35



Exotic Soft Peeling

Massage - Relaxing peeling that makes the skin soft and supple thanks to the application of aloe vera and exotic oils: coconut oil for very dry skin and the avocado for dry and sensitive skin.

Fresh Fruit Peeling

Intensive exfoliation to the body with vitamins and fruit acids can increase the effects of cell renewal.

Orinatal peeling with pumpkin soap and sponges

According to Oriental tradition, the dead cells are removed from the surface of the skin with pumpkin soap and sponge. The result is visibly younger looking skin.

Exfoliating Body pack "Guinot" kiwi

This pack has a double action: gently massaged, produces a pleasant exfoliation using the granules. Leave in place a very powerful draining.

Peeling	25 min.	€ 35
Peeling e massaggio parziale	50 min.	€ 55



Peeling

For a soft and silky skin that breathes

Dead Sea Salt

It is a method that makes the skin more luminous. Dead Sea salt, are added nourishing oils and honey.

Peeling with essential oils

The combination of salt with essential oils of the Himalayas is a feast for the skin. With this natural cure the body receives a new energy, the skin will be soft and elastic.

Hay peeling

In addition to free the skin of dead cells, through the hay powder will be transmitted to the skin of natural oils that are intended to strengthen the immune system and calm the pain.



BODY TREATMENTS

Aromatic-Treatment for the welfare of the body

Made with essential oils with aromatic extracts of fat deposits and acts effectively on the tone. It has a hydrating, detoxifying and leaves a pleasant sensation of freshness.

approx. 50 minuti € 79

Resonance spine

With this treatment you will feel a deep relaxation of muscles contracted back. Using the technique of localized massage, hot rolled sponging, cupping, our products and Alpine sound of Tibetan bells you get a 'total balance.

approx. 50 minuti € 60

Resonance anticellulite

This is a collection of ancient techniques, in part by a translation from Alpine and partly from other cultures: cupping, exfoliation, mask and massage energy points. Through the vibrations phones you have the tune is perceptible to the physically and psychically.

approx. 90 minuti € 95



Ayurvedic treatment anticellulite legs and abdomen “Garshan”

A real plan of attack to the first stage of cellulite with an intense feeling of wellbeing and a more elastic. Ayurveda perspective this is a personalized treatment on their own land Constitution (Dosha). In addition, you stimulate the Marma points and appropriate to prepare the skin are used silk gloves. The products are enriched massaged based on advice given to us by the ancient Indian culture.

approx. 70 minuti € 75

Ayurvedic treatment for the feet “Padabhyanga”

Total relaxation through the ancient art of Ayurvedic healing and life. This is done with an initial scrub prepares the skin to receive the feelings of the following gentle massage of the joints and vital centers located in the foot. It restores the strength and the mind is completely free.

approx. 40 minuti € 50

Foot massage with the following back massage with volcanic stones

Warm basalt rocks are placed on energy points of the spine (chakras). The treatment causes a deep relaxation in the body. Through massage the back and then the feet are stimulated blood circulation, metabolism and joint mobilization. The muscles relax and are wrapped in the warmth

approx. 40 minuti € 50

Classic and special massages

Let yourself be pampered by the hands of our expert

Classic whole massage	45 min.	€ 50
Classic partial massage	20 min.	€ 30
Sports whole massage	45 min.	€ 58
Sports partial massage	20 min.	€ 35
Special sports whole massage	60 min.	€ 65
Special sports partial massage	30 min.	€ 40
Whole body massage with essential oils	45 min.	€ 55
Partial body massage with essential oils	20 min.	€ 32
Dr. Vodder manual Lymph Drainage	60 min.	€ 65
Hemolymphatic drainage massage	45 min.	€ 55
Massaggio drenante parziale gambe e addome	35 min.	€ 45
Foot massage	30 min.	€ 45
Hot Stone massage	50 min.	€ 55
Lomi- Lomi Nui massage	80 min.	€ 90
Ayurvedico Abhyanga massage	80 min.	€ 83
Honey massage	45 min.	€ 55
Chocolate massage	50 min.	€ 60
Candle massage	55 min.	€ 75